



VACCA

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VICTORIAN ABORIGINAL
CHILD CARE AGENCY

COVID-19 RESTRICTIONS

Victoria moves to COVIDSafe Summer from 11:59pm on 6 December, 2020

You must continue to wear a mask when you are shopping, on public transport or when you are not able to physically distance. The same restrictions apply in regional Victoria and metropolitan Melbourne. If you have symptoms of COVID-19 get tested and stay home until you receive your test results.

For more information visit www.dhhs.vic.gov.au/coronavirus

- Face masks must still be worn on public transport, in rideshare vehicles and taxis, in some retail settings including indoor shopping centres, supermarkets, department stores and indoor markets.
- Face masks must be carried at all times.
- You may have up to 30 visitors allowed in your home per day.
- The public gathering limit increases to 100 people.
- Caps on people at weddings, funerals and religious gatherings removed, replaced with density limits of one person per 2 square meters.
- Dance floors at weddings allowed, with one person per 4 square meters and a maximum of 50 people.
- Patron caps for hospitality venues removed, however density limits still apply.
- Gyms and community centres move to density limit of one person per 4 square meters
- Exercise classes limited to 50 people indoors and 100 outdoors
- Swimming pools, spas and sauna move to density limits of one person per 2 square meters, both indoors and outdoors.
- Libraries, RSLs and community halls subject to density limit of one person per 2 square meters.
- Seated venues are allowed a maximum of 75 percent fixed seating capacity, and a maximum of 1,000 people.

From January 11, 2020:

- Private sector companies will be allowed up to 50 percent of employees back into offices.
- Victoria's public sector will move to 25 percent staff in their offices, moving to 50 percent from February 8, 2020.

Face masks must still be worn on public transport, in rideshare vehicles and taxis, in some retail settings including indoor shopping centres, supermarkets, department stores, indoor markets or when you are not able to physically distance. You must carry a mask at all times.

Wearing a mask can protect you and others around you to prevent the spread of COVID-19. The following steps will help you to use a face masks safely.



WASH YOUR HANDS
BEFORE AND AFTER YOU
TOUCH YOUR MASK



CHANGE YOUR MASK
IF GETS DIRTY OR
WET WHILE YOU'RE
WEARING IT



NEVER USE A DAMAGED
OR DIRTY MASK



REMOVE YOUR MASK BY
UNHOOKING THE EAR
STRAPS AND PULLING IT
AWAY FROM YOUR FACE



MAKE SURE YOUR MASK
DOES NOT HAVE HOLES
OR A VALVE



WASH REUSABLE
FABRIC MASKS IN HOT,
SOAPY WATER AFTER
EACH USE



MAKE SURE YOUR MASK
COVERS YOUR MOUTH, NOSE
AND CHIN AND THAT THERE'S
NO GAPS ON THE SIDES



STORE REUSABLE
FABRIC MASKS IN
RESEALABLE BAGS
WHEN YOU'RE NOT
USING THEM



DO NOT TOUCH YOUR
FACE OR MASK WHILE
YOU ARE WEARING IT



PUT YOUR DISPOSABLE
MASK STRAIGHT IN THE
BIN AFTER YOU TAKE
IT OFF



MAINTAIN PHYSICAL
DISTANCE

Social distancing in public means you must practise the following measures:

- keep 1.5 metres away from others wherever possible
- avoid all physical greetings such as handshaking, hugs and kisses
- use 'tap and go' instead of cash where possible
- avoid crowds – if you see a crowded space do not enter
- practise good hygiene

Last updated 07/12/2020

If you feel sick

Get tested. If you have symptoms of Coronavirus, such as breathing difficulties, sore throat, cough, and fever - go for a free test.

- To find out where you can get tested, call your local ACCO or the COVID-19 hotline: **1800 675 398**
- Keep up to date with the latest COVID-19 information
- You and your family must **STAY HOME** until the results of your test is known.
- If you are worried you will lose pay while you wait for your results you may be eligible for a \$450 Coronavirus (COVID-19) Test Isolation Payment. For more information, visit dhhs.vic.gov

We're a high-risk group so it's important that if we have coronavirus symptoms — **we get tested early.**

Stay up to date

Department of Health and Human Services
dhhs.vic.gov.au/coronavirus hotline 1800 675 398

VACCHO vaccho.org.au/coronavirus/

VACCA vacca.org/page/covid-19-support

VAHS Yarning SafeNStrong helpline 1800 95 95 63

