



# Cultural Awareness Training (individuals)

## Introduction to working with Aboriginal Peoples and Communities

Our one-day Aboriginal Cultural Awareness Training provides participants with an introduction to Aboriginal history and culture in Victoria; an increased understanding of the effects of colonisation, grief and loss on our people; and respectful ways of working with Aboriginal clients, families and communities.

- Duration – one-day course (7 hours)
- Participants – 10-30 participants
- Delivery – available online or face to face
- Facilitators – experienced Aboriginal Cultural Facilitators
- Location – online or onsite at VACCA regional offices

### Content

This introductory workshop will cover topics and themes including:

- Language, protocols and appropriation.
- Aboriginal life before & after colonisation.
- Stolen Generations, trauma and healing.
- The harm caused by privilege, bias and stereotypes.
- Understanding Aboriginal culture today.
- Creating culturally safe spaces for Aboriginal people.

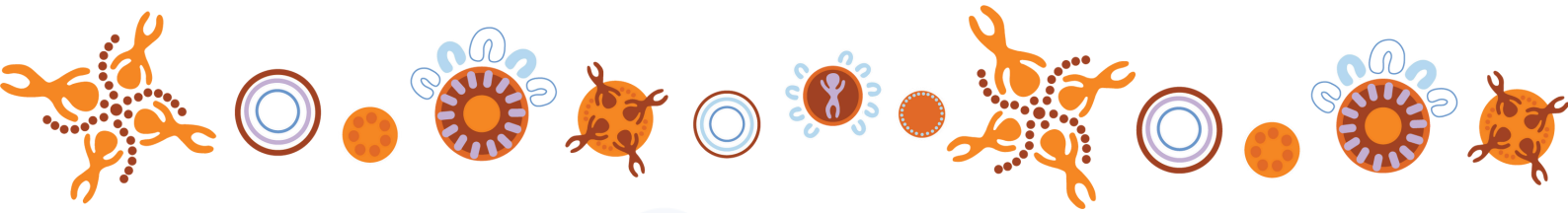
Our sessions include presentations, video content, experiential activities and guided discussion. We encourage questions and provide opportunities for personal and professional growth and reflection.



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# VACCA

VICTORIAN ABORIGINAL CHILD AND COMMUNITY AGENCY



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### Outcomes

Following our training participants will have:

- greater awareness and understanding of Aboriginal history and culture in Victoria
- understanding of cultural protective factors, including an appreciation of Aboriginal kinship and family structures
- insight into the impacts of colonisation and intergenerational trauma of Aboriginal people and communities today
- awareness of culturally safe practice and how to engage respectfully with Aboriginal peoples and communities
- motivation to continue learning about and appreciating Aboriginal culture.

### Contact and booking

[Book now](#)

For more information: email [trainingevents@vacca.org](mailto:trainingevents@vacca.org) or call us to yarn with a team member on 03 9287 8800.



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