

Cultural Awareness Training (for groups) Introduction to working with Aboriginal Peoples and Communities

Our one-day Aboriginal Cultural Awareness Training provides participants with an introduction to Aboriginal history and culture in Victoria; an increased understanding of the effects of colonisation, grief and loss on our people; and respectful ways of working with Aboriginal clients, families and communities.

- Duration one-day course (7 hours)
- Participants 10-30 participants
- · Cost \$220 per person
- · Delivery available online or face to face
- Facilitators experienced Aboriginal Cultural Facilitators
- · Location online, on-site at your workplace or at an alternative location, as agreed

Content

This introductory workshop will cover topics and themes including:

- Language, protocols and appropriation.
- · Aboriginal life before & after colonisation.
- Stolen Generations, trauma and healing.
- The harm caused by privilege, bias and stereotypes.
- Understanding Aboriginal culture today.
- Creating culturally safe spaces for Aboriginal people.

Our sessions include presentations, video content, experiential activities and guided discussion. We encourage questions and provide opportunities for personal and professional growth and reflection.





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Outcomes

Following our training participants will have:

- · greater awareness and understanding of Aboriginal history and culture in Victoria
- understanding of cultural protective factors, including an appreciation of Aboriginal kinship and family structures
- insight into the impacts of colonisation and intergenerational trauma of Aboriginal people and communities today
- awareness of culturally safe practice and how to engage respectfully with Aboriginal peoples and communities
- motivation to continue learning about and appreciating Aboriginal culture.

Contact and booking

Book now: www.vacca.org.

For more information: email <u>trainingevents@vacca.org</u> or call us to yarn with a team member on 03 9287 8800.

