

VICTORIAN ABORIGINAL CHILD CARE AGENCY

# Getting the COVID 19 test at home



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This is the Covid 19 virus, it's also called Coronavirus and it can make some people feel sick. It has made lots of people sick already.



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It's travelled all around the world. We are all trying to stop the spread of the virus, we need to find the virus so we can stop it spreading.

### We can't see the virus because its very very very small.

It's too small to see it with our eyes.



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Doctors need to look at the virus with a special machine called a microscope.

But first the doctor needs to **find** the virus. The virus can hide in the throats and noses of kids and grown-ups. There is a special test to **find** the virus. Kids and adults get tested to try to **stop** the virus from spreading or if they have a cold, a cough or feel unwell.



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The test is a way to find the virus.

# You can get tested! You can help find the virus!



Health workers are visiting people at home so we can all help **find** the virus. Kids can help too!



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Health workers may be wearing a mask when they visit your house.



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The health worker uses a special test to **find** the virus. They will collect a little bit of your salvia inside your mouth to do the special test. They use a long thin cotton tip call a swab which they keep inside a special plastic tube to collect the salvia from inside your mouth. The test has your name on it so it doesn't get mixed up with anyone else's test.



The health worker will speak to your grown up and explain how to collect the saliva using the swab. The test does not hurt and only takes a few seconds.



You will need to open your mouth wide and keep it open, your mouth has lots of saliva so you don't even need to think about lemons!

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The grown up will put the cotton tip into your mouth and gently touch the inside of your cheek for 3 seconds.



#### 1, 2, 3! - It's done!

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They will put the swab back in the tube and take it to the scientist who will look for the virus under a microscope..

#### Well done you are helping to find the virus!

Time for a hug. Or a high five!



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### You are a brave a deadly kid!



VACCA/Taneisha Webste

You helped to find the virus.



## You are helping to stop the virus spreading.



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Now it's time to stay at home until you have your test results.

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