

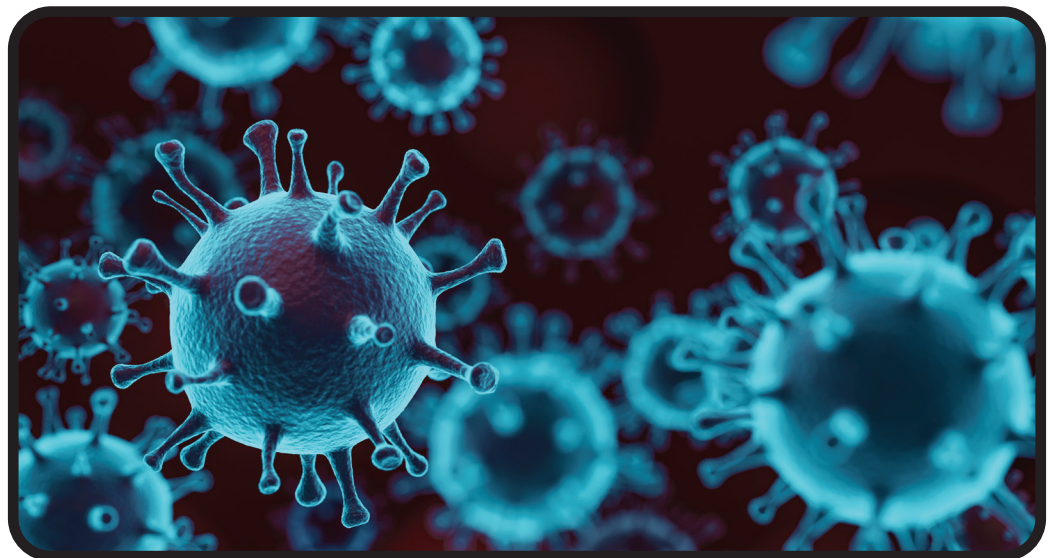


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VICTORIAN ABORIGINAL CHILD CARE AGENCY

Getting the COVID 19 test

at the testing station or hospital



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This is the Covid 19 virus, it's also called Coronavirus and it can make some people feel sick. It has made lots of people sick already.



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It's travelled all around the world.
We are all trying to stop the spread
of the virus, we are trying to find the
virus so we can stop it spreading.

We can't see the virus because
its very very very small.

It's too small to see it with our eyes.



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Doctors need to look at the
virus with a special machine
called a microscope.

But first the doctor needs to **find** the virus. The virus can hide in the throats and noses of kids and grown-ups. There is a special test to **find** the virus. Kids and adults get tested to try to stop the virus from spreading or if they have a cold, a cough or feel unwell.



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The test is a way to find the virus.

You can get tested!
You can help find the virus!



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The person who does the test is a nurse or a doctor. They wear a mask and goggles to do the test.

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The testing station can be in a car park at a shopping centre. Sometimes kids and adults can stay in the car for the test.

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Sometimes kids and adults go into the hospital for the test.



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You and your grown up might wear a mask.



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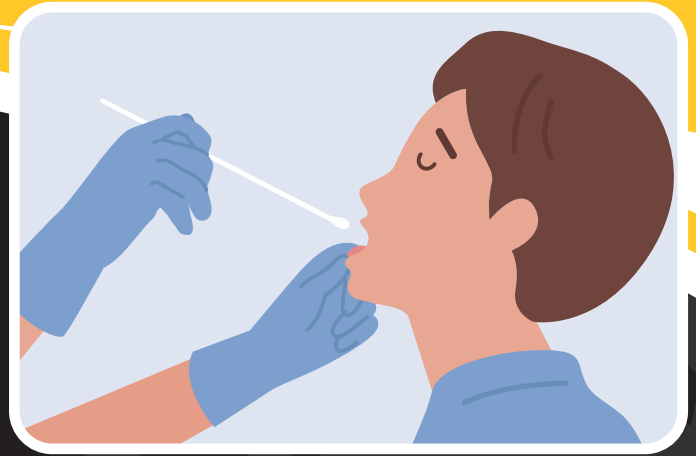


You might need to wait while other people have the test.

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The test is a way to **find** the virus. The doctor or nurse will put a long thin cotton tip called a swab inside your mouth and another long thin cotton tip inside your nose. The cotton tip is looking for the virus.

You will need to open your mouth wide so the doctor or nurse can put just the tip it into your mouth, it can gently touch the inside of your cheek for 3 seconds. **1, 2, 3!**



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The tip has to go all the way to the back of your nose to check if the virus is there too. It will feel tickly and strange, it won't hurt.

It might make you sneeze!

The test is very quick. The best way to get the test is to lift your head and then keep very still, like a rock!



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Don't move at all. Count to 5.



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1, 2, 3, 4, 5! It's done!

**Well done you are helping
to find the virus!**

Time for a hug. Or a high five!



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You are a brave a deadly kid!



VACCA/Taneisha Webster

You helped to find the virus.

You are helping to stop the virus spreading.



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Now it's time to go home and stay at home until you have your test results.

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For more resources or information please visit our website or contact us.

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