

# Nowunun Murrumbunner Yearkun

*'Healing Our Spirit'* in Bunurong language

NMY provides support to Aboriginal and Torres Strait Islander adults, adolescents and children living in the Southern Melbourne Area (Cardinia, Casey and Greater Dandenong) who have experienced sexual assault. This support includes:

- Culturally safe, individualised support on your healing journey
- Individual counselling and group work
- This service is free – speak to your caseworker about accessing the service or for a referral or contact VACCA using the details below

## What support can I get from NMY?

Working alongside your case manager, NMY therapeutic workers will support your healing through:

- Culturally safe, therapeutic sexual assault counselling
- Cultural healing group sessions, including access to cultural camps on Country
- Support to connect with other specialist services, like child development specialists, cultural advisors and family violence therapists where needed
- Engagement with Elders, community members and linking to Gathering Places to support connection to culture and community
- Help with referrals to other VACCA programs and external services if needed.

### Do you need support from NMY?

To access this service, email: [nmy@vacca.org](mailto:nmy@vacca.org)  
or ring mobile 0438583720 or contact VACCA Southern at:

**VACCA Dandenong** Level 2, 1-7 Langhorne Street, Dandenong p. (03) 9108 3500  
**VACCA Frankston** Suite 4-6, 108-120 Young Street, Frankston p. (03) 8796 0700



**VACCA**  
Connected by culture

VICTORIAN ABORIGINAL  
CHILD CARE AGENCY