

LGBTIQA+ Resources for Children and Young People



VACCA

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VICTORIAN ABORIGINAL
CHILD CARE AGENCY

Please see below resources tailored for LGBTIQA+ young people. You can also contact organisations with Rainbow Tick accreditation for LGBTIQA+ specific youth supports. Reach out to rainbow@vacca.org if you would like a consult to identify further resources or information.

STATEWIDE/NATIONAL

NAME	CONTACTS	DETAILS
Geelong: Strong Brother Strong Sister	https://sbssfoundation.org/	Events, mentorships, cultural groups for queer young Mob.
Headspace	headsplace.org.au	Mental health and wellbeing services for young people. Online resources, phone service, access to clinicians. Hub can direct to Headspace and runs meetups and socials around VIC.
Minus18	www.minus18.org.au	National LGBTIQA+ Youth organisation with online resources, events, and education.
North and West Metro Melbourne: Queerspace	www.queerspace.org.au	Health and wellbeing service with a focus on relationships, families, parenting, and young people. Co-located services across the North- West metropolitan region of Victoria.
Rainbow Door (Switchboard)	1800 729 367 SMS: 0480 017 246 support@rainbowdoor.org.au	LGBTIQA+ helpline. Information, referral, and support. Available to all ages.
Rainbow Network	www.rainbownetwork.com.au	Search directory for LGBTIQA+ youth services VIC wide.
Reach Out	https://au.reachout.com/identity	Online education and resources for gender, sexuality, identity, and cultural identity. Designed for young people.
Thorne Harbour Health	www.thorneharbour.org	LGBTIQA+ health services, including gender services, AOD, sexual health and many more.
Transgender Victoria	https://tgv.org.au/	Transgender youth support groups, and other support groups/resources. Specific support groups available for different cohorts.
QLife (Switchboard)	3pm – 10pm 1800 184 527 or webchat via www.qlife.org.au	Anonymous and free LGBTIQ+ peer support and referral for people wanting to talk about sexuality, identity, gender, bodies, feelings or relationships.
Victorian Pride Centre	https://pridecentre.org.au/	Centre based in Melbourne. Calendar lists events across Victoria.

GIPPSLAND

NAME	CONTACTS	DETAILS
AXIOS (Wellington Shire/ Sale CBD)	enquiries@wellington.vic.gov.au (03) 5142 3264	Social group for 12-17 year olds LGBTQIA+ and questioning.
Whatever, Morwell	(03) 5136 8300	Social/youth group for LGBTIQ run by Headspace, meets once a fortnight.
Gippsland Pride Initiative	https://gippslandpride.com	All ages social and peer groups, events, and Pride Hub.

OVENS MURRAY

NAME	CONTACTS	DETAILS
Alphabet Crew: Albury/ Wodonga	0488 157 645 wayoutwodonga@ gatewayhealth.org.au	Social group for LGBTQIA+ ages 12-18. Fortnightly meetings with events, guest speakers, social activities.
Gateway Health Gender Service	parenting@gatewayhealth.org.au 0457 279 796	8-week parenting program to support parenting of trans and gender diverse children.
Swan Hill Sexuality and Gender Alliance (SAGA)	hpreception@shdh.org.au 03 5033 9337	Social support group for LGBTQIA+ and allies 12-25.
The Diversity Project: Shepparton	(03) 5831 6157 diversity@vt.uniting.org	Advocacy, youth groups, case management, events.
The Gender Service	1800 657 573 02 6022 8888 GenderService@gatewayhealth.org.au	Family-centered assessment and support for trans, gender diverse and non-binary children aged 13 to 17 and their families. Peer support, counselling, parenting programs and social groups.
WayOut	03 5421 1666 admin@cobaw.org.au	LGBTQIA+ groups up to 25 years, plus parent groups
Wangaratta: LINE Wangaratta	https://www.linewangaratta.org/	Events and social calendar, including all ages events for the Wangaratta region.
Wodonga: Bliss	(02) 6022 8888 Intake.chips@gatewayhealth.org.au	A fun and creative group for trans, gender diverse, and non-binary children to connect. Art, craft, music, drama, camps. Aims to build self-esteem, acceptance, and confidence.

SOUTH

NAME	CONTACTS	DETAILS
Glen Eira Pride	9524 3676	In-school pride groups and events for larger community throughout Glen Eira area.
Pride Space: Narre Warren/city of Casey	youthpride@casey.vic.gov.au 03 9705 5200	Fortnightly sessions for 10–17-year-olds for LGBTIQ+ and allies.
PRISM (headspace): Bentleigh	03 9076 9400	LGBTIQ+ peer support group for 16-25 year olds.
Rainbow Connections: Mornington area	0419 249 727 Rainbowconnections1@yahoo.com	Support group for trans, non-binary and gender diverse youth.
Skittle Squad: Hastings, Rosebud, and Mornington	5950 1666 mpys@mornpen.vic.gov.au	LGBTIQ+ youth and allies between 10-17 years old. Crafts, arts, games, and cooking. Holiday excursions.
Queer in Kingston & Pride Connect: Kingston	1300 369 436 Youth.services@kingston.vic.gov.au	Weekly support group 12-17 & 18-25 years of age LGBTIQ+. Runs weekly except for school holidays.

WEST

NAME	CONTACTS	DETAILS
Crystal Queer: Sunshine/Brimbank	03 9249 4000 bys@brimbank.vic.gov.au	12-23 years peer support and social safe space. Life skills, guest speakers and events.
Moorabool LGBTIQ+ Youth	03 5366 7100 youthservices@moorabool.vic.gov.au	12–25-year-old LGBTIQ+ young people. Fortnightly peer groups.
The Space: Melton	9747 5382 stephanies@melton.vic.gov.au	Ages 12 -25 LGBTIQ+ social support group.
Q Program: Hoppers Crossing/ Wyndham	8734 1355 youthinwyndham@wyndham.vic.gov.au	12-25 young people LGBTIQ+ Facebook group and supported environment.

NORTH

NAME	CONTACTS	DETAILS
Bridge Queer Gathering: Preston	https://bridgedarebin.org.au/community/	Intergenerational social group, youth-led activities. Paid internships for young people in project management and delivery.
Glitter: Craigieburn	9205 2556 youth@hume.vic.gov.au	LGBTIQA+ youth group with skills development, events management, community forums, training, and events.
(in)visible (Drummond Street): Melbourne	invisible@ds.org.au https://www.facebook.com/invisiblethedrum/	Queer and Trans people of colour (QTPOC) Youth community workshops and events for ages 16-25.
My Rainbow Group: Coburg	1800 699 688 ashepherd@merri-bek.vic.gov.au	Queer youth ages 12-24. Craft, circus, and other activities. Aboriginal facilitator available.
Rainbow Space: Banyule	9457 9907 banyuleyouth@banyule.vic.gov.au	LGBTIQA+ youth ages 14-22 safe social space. Movie nights, group outings, art, and game nights.
Queerspace Youth: Melbourne	queerspaceyouth@ds.org.au	Queer, trans, gender diverse and questioning events for ages 16-25. Fortnightly events in Carlton/Yarra.
Qspace (Headspace): Glenroy	1300 880 218 9304 1011 Jacinta.vengtasamy@orygen.org.au	For ages 15-25 LGBTIQA+ safe social space.
Youth Action Group: Broadmeadows	03 9205 2556 youth@hume.vic.gov.au	For ages 14-24 fortnightly meetings in Broadmeadows. Creating inclusivity resources to inform safer Hume community.
Uplift & Innovation Youth Group: Bundoora	03 9041 7959 info@iyc.org.au	Queer social groups 12-25 years.





EAST

NAME	CONTACTS	DETAILS
Be Ur Self: Cardinia Shire	1800 4YOUTH youth@cardinia.vic.gov.au	Ages 16-21 peer social group, meeting weekly. Events and activities.
Family Access Network: Eastern Region (various locations)	fan@fan.org	Counselling including LGBTIQ+ Family violence counselling LGBTIQ+ crisis shelter. Art therapy and peer support groups.
Free 2 be me, 4 Me, Emerge, Rainbow Action & Queer Collective Youth Groups: Wantirna South/Knox City	Madeleine.power@knox.vic.gov.au 0400 097 506 03 9298 8028	Various LGBTIQ+ peer groups available by age cohorts.
MY Pride & SAGE Croydon	youth@maroondah.vic.gov.au 9294 5704	Fortnightly LGBTIQ+ peer support group ages 10-13 & 14-18.
Rural Rainbows: Lilydale and Yarra Junction	03 5967 5800 ruralrainbows@each.com.au Insta handle: @rural_rainbows	Social meet ups for LGBTIQ+ 12-25 years, including activities and workshops.