

# MASKS

## HOW TO USE FACE MASKS SAFELY



**VACCA**

Connected by culture

VICTORIAN ABORIGINAL  
CHILD CARE AGENCY

**Wearing a mask can protect you and others around you to prevent the spread of COVID-19. Whether you use fabric or disposable face masks, the following steps will help you to use face masks safely.**



**WASH YOUR HANDS BEFORE AND AFTER YOU TOUCH YOUR MASK**



**NEVER USE A DAMAGED OR DIRTY MASK**



**MAKE SURE YOUR MASK DOES NOT HAVE HOLES OR A VALVE**



**MAKE SURE YOUR MASK COVERS YOUR MOUTH, NOSE AND CHIN AND THAT THERE'S NO GAPS ON THE SIDES**



**DO NOT TOUCH YOUR FACE OR MASK WHILE YOU ARE WEARING IT**



**CHANGE YOUR MASK IF GETS DIRTY OR WET WHILE YOU'RE WEARING IT**



**REMOVE YOUR MASK BY UNHOOKING THE EAR STRAPS AND PULLING IT AWAY FROM YOUR FACE**



**WASH REUSABLE FABRIC MASKS IN HOT, SOAPY WATER AFTER EACH USE**



**STORE REUSABLE FABRIC MASKS IN RESEALABLE BAGS WHEN YOU'RE NOT USING THEM**



**PUT YOUR DISPOSABLE MASK STRAIGHT IN THE BIN AFTER YOU TAKE IT OFF**

**Please note that children under 2yrs of age should NOT wear a mask.**

**Masks must be worn by children 12 years and over.**

For more information including instructions for making your own mask, visit the Victorian DHHS website [www.dhhs.vic.gov.au/coronavirus](http://www.dhhs.vic.gov.au/coronavirus)