

MASKS

HOW TO USE FACE MASKS SAFELY



VACCA

Connected by culture

VICTORIAN ABORIGINAL
CHILD CARE AGENCY

Wearing a mask can protect you and others around you to prevent the spread of COVID-19. Whether you use fabric or disposable face masks, the following steps will help you to use face masks safely.



WASH YOUR HANDS BEFORE AND AFTER YOU TOUCH YOUR MASK



NEVER USE A DAMAGED OR DIRTY MASK



MAKE SURE YOUR MASK DOES NOT HAVE HOLES OR A VALVE



MAKE SURE YOUR MASK COVERS YOUR MOUTH, NOSE AND CHIN AND THAT THERE'S NO GAPS ON THE SIDES



DO NOT TOUCH YOUR FACE OR MASK WHILE YOU ARE WEARING IT



CHANGE YOUR MASK IF GETS DIRTY OR WET WHILE YOU'RE WEARING IT



REMOVE YOUR MASK BY UNHOOKING THE EAR STRAPS AND PULLING IT AWAY FROM YOUR FACE



WASH REUSABLE FABRIC MASKS IN HOT, SOAPY WATER AFTER EACH USE



STORE REUSABLE FABRIC MASKS IN RESEALABLE BAGS WHEN YOU'RE NOT USING THEM



PUT YOUR DISPOSABLE MASK STRAIGHT IN THE BIN AFTER YOU TAKE IT OFF

Please note that children under 2yrs of age should NOT wear a mask.

Masks must be worn by children 12 years and over.

For more information including instructions for making your own mask, visit the Victorian DHHS website www.dhhs.vic.gov.au/coronavirus

Stage 3 Restrictions

From 22 July, face masks are required to be worn outside the home in restricted areas. A face mask or face covering eg scarf, tshirt, is required to cover both the nose and mouth. Fines of up to \$200 may apply.

For more information contact the Coronavirus hotline 1800 675 398.