



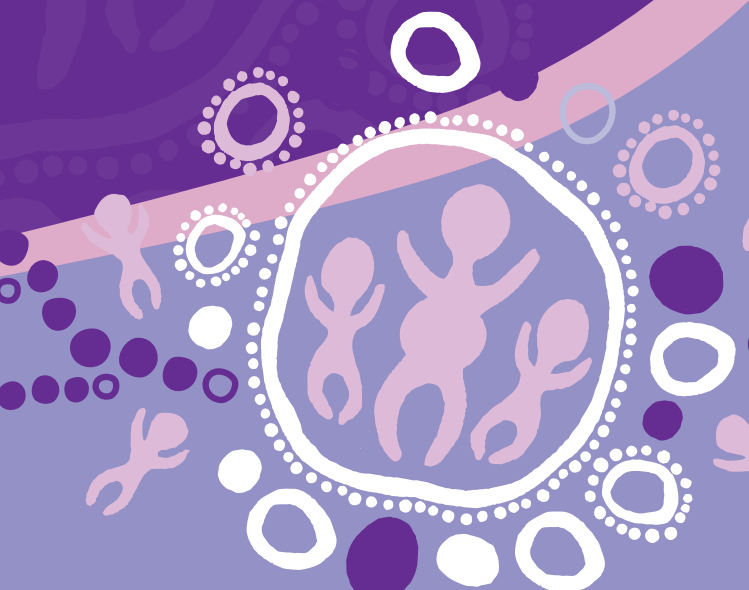
Connected by culture

VACCA

VICTORIAN ABORIGINAL CHILD AND COMMUNITY AGENCY

Bringing Up Aboriginal Babies At Home (BUABAH) Program

FAMILIES



Supporting Families to Stay Strong and Connected

At VACCA, we believe every Aboriginal child should grow up in a loving, supportive environment connected to their culture and Community.

Our Bringing Up Aboriginal Babies At Home (BUABAH) Program offers culturally safe and supportive services to mothers who are pregnant with an Aboriginal child, helping them feel confident and empowered from early pregnancy to the baby's first months at home.



What is BUABAH?

BUABAH is designed to support mothers who are pregnant with an Aboriginal child during pregnancy up to 6 months after birth. The program aims to support families during the vulnerable stages of pregnancy, so they feel safe in attending appointments, giving birth and addressing the needs of their baby.

How Can BUABAH Help Your Family?

With the guidance of a VACCA practitioner, BUABAH provides:

- Support from early pregnancy up to 6 months after birth
- Culturally safe services to strengthen your baby's connection to culture and Community
- Help with safety and wellbeing planning
- Assistance in preparing for baby's arrival, birth, and the return home
- Supporting attachment and bonding with your baby
- Engaging and working with fathers
- Linking families in with other services, as needed

Who Can Access BUABAH?

BUABAH is available to mothers who are between 16 and 25 weeks pregnant with an Aboriginal child and may benefit from extra support to keep their family strong, safe, and connected.

If you do not fit this stage of pregnancy, VACCA has other programs that may be suitable for your family.

Where is BUABAH Available?

BUABAH is delivered by VACCA to families in the following areas:

- Southern Melbourne (from our office in Dandenong)
- Bayside Peninsula (from our office in Frankston)
- Hume-Merribek and North Eastern Melbourne (from our office in Preston)

Interested in Learning More?

If you have any questions or would like to discuss the program further, please contact us. We're here to help you and your family stay strong and connected.

VACCA Dandenong

Suite 2, Level 2, 1-7 Langhorne Street
Dandenong VIC 3175

p. (03) 9108 3500

VACCA Frankston

Suite 6, 405-409 Nepean Highway
Frankston VIC 3199

p. (03) 8796 0700

VACCA Preston (Head Office)

340 Bell Street, Preston VIC 3072

p. (03) 9287 8800

Or for more information,
go to **www.vacca.org**