**Better Futures - levels of support**

Information for Aboriginal / Torres Strait Islander young people.

**During your time with Better Futures, the level of support will go up and down.**

Active Hold  
means your Better Futures support worker will do a **regular check-in** with you (in person or via phone) to see how things are going.

Check-ins may be between **fortnightly** and quarterly.

Limited Support

means your Better Futures support worker will:

• Be part of your care team

• Give practical support and information, and

• Give help and advice with referrals.

Support will be **1 to 2 hours per fortnight.**

Active Support

means your Better Futures support worker will:

• Support you to **grow connections to Culture and Community**.

• **Work with you** to achieve your goals in housing, independent living, school, work, health and wellbeing.

Support will be **1 to 2 hours per week**, and can go up higher as needed

You can find information about Better Futures providers at [providers.dffh.vic.gov.au/better-futures](https://providers.dffh.vic.gov.au/better-futures)

Project partners

VACCA: Victorian Aboriginal Child Care Agency - Connected by culture

Head Office 340 Bell Street Preston Victoria 3072

Phone (03) 92 87 88 00

Online: [vacca.org](https://www.vacca.org/)

Email: [vacca@vacca.org](mailto:vacca@vacca.org)

and

V A C Y P A: Victorian Aboriginal Children and young people's Alliance

ONLINE: v a c y p alliance.org

and

Victorian State Government